

Lunch Menu

Appetizers

Soup of the Day Chef's Daily Inspiration 5

Chicken and Dumpling Soup Chicken Soup with herb Dumplings
Shredded Chicken, carrots and Celery 5

Seafood Chowder Hearty New England Style Chowder
Served in a Sourdough Bread Bowl 5

Shrimp Cocktail Poached Colossal Shrimp with Cocktail Sauce and lemon 12

Fried Calamari Rings and Tentacles Sweet Deep fried Calamari with Pickled Pepper Salad
Spicy Tomato sauce, Roasted Garlic Aioli and Lemon 10

Salads

Wentworth Salad Mixed Greens Tossed with Grape Tomatoes, Cucumbers
Sliced Red Onion and Choice of Dressing *Small 5 Large 7*

Classic Caesar Salad Chopped Hearts of Romaine, Shredded Parmigiano Reggiano
Garlic Focaccia Croutons, Anchovy Dressing *Small 6 Large 8*

Soba Noodle Salad Buckwheat Noodles, Sweet Peppers, Green Onions, Carrot Curls, Toasted Sesame Seeds
Crispy Wonton Strips, Sesame-Ginger Vinaigrette *Small 8 Large 10*

Grilled Salad Additions: **Salmon** 9 **Ahi Tuna** **Chicken Breast** 6
Boston Club Steak 10 **Shrimp** 8 or **Lobster Salad** 12

Sandwiches

Angus Burger ½ Pound Charbroiled Burger with Your Choice of Grilled Onions, Mushrooms
Bacon, American, Cheddar, Swiss, Provolone or Blue Cheese 11

Maine Lobster Roll Fresh Never Frozen Knuckle, Tail and Claw Meat Tossed with Mayo, Celery
Black Pepper and Lemon on a Toasted Challah Bun 16

Chicken or Steak Teriyaki Wrap Sautéed with Peppers, Onions and Broccoli
Rolled inside a Garlic Tortilla with Steamed Jasmine Rice 11

BLT Crispy Apple Wood Smoked Bacon, Green Leaf Lettuce
and Vine Ripe Tomato on Multigrain Bread with Roasted Garlic Aioli 8

Hot Roast Turkey Panini Artichoke Hearts, Roasted Tomato and Goat Cheese on Ciabatta Bread 9

Grilled Chicken Panini Vine Ripe Tomatoes, Fresh Mozzarella Cheese and Basil on Ciabatta Bread 9

Italian Panini Sopressata Salami, Capocola, Smoked Ham and Provolone Cheese
on Focaccia Bread with a side of Sliced Cherry Peppers 9

Alternatives

Ultra Thin Crust Flatbread Pizza Toppings of the day 12

Fish and Chips Crispy Batter Fried Haddock Fillet, French Fries, Cole Slaw
Tartar Sauce and Lemon 16

Sandwiches Served with French Fries, Sweet Potato Fries, Onion Rings, Green Salad or Cole Slaw.
Please inquire about special preparations, heart healthy options and allergy concerns. We would be pleased to accommodate you.